

South Ayrshire Council Primary School Exported Meals 2018/19

Week 120/8/18, 10/9/18, 1/10/18, 22/10/18, 12/11/18, 3/12/18, 7/1/19, 28/1/19, 18/2/19, 11/3/19, 22/4/19, 13/5/19, 3/6/19, 24/6/19, 26/8/19

Please tick one menu choice ONLY for each day.

Monday

Menu 1	Menu 2	Menu 3	Menu 4
Steak pie	Tomato pasta	Lentil soup	Lentil soup
Potatoes	Garlic bread	Cheese salad wrap	Tuna salad box with crusty bread
Seasonal vegetables	Carrot cake and custard	Fruit pot	Piece of fruit
Carrot cake and custard	Plain milk	Bottled water	Plain milk

Tuesday

Menu 1	Menu 2	Menu 3	Menu 4
Chicken curry	Haggis	Baked potato with coleslaw	Potato and leek soup
Boiled rice	Neeps	Side salad	Tuna salad baguette
Seasonal vegetables	Potatoes	Fruit salad	Yoghurt
Fruit salad	Plain milk	Bottled water	Plain milk

Wednesday

Menu 1	Menu 2	Menu 3	Menu 4
Pasta bolognaise	Chicken noodle soup	Baked potato with beans	Chicken noodle soup
Garlic bread	Cheese and tomato pizza	Side salad	Gammon salad sandwich
Fruit kebab	Side salad	Fruit kebab	Fruit kebab
Bottled water	Plain milk	Plain milk	Bottled water

Thursday

Menu 1	Menu 2	Menu 3	Menu 4
Vegetable soup	Chicken fajitas	Baked potato with cheese	Vegetable soup
Macaroni cheese	Potato waffles	Side salad	Turkey salad sandwich
Seasonal vegetables	Apple crumble and custard	Apple crumble and custard	Fruit pot
Bottled water	Plain milk	Bottled water	Plain milk

Friday

Menu 1	Menu 2	Menu 3	Menu 4
Fish	Chicken fillet in a bun	Chefs choice soup	Chefs choice soup
Chips	Chips	Cheese and coleslaw salad box with crusty bread	Baked potato with chicken and sweetcorn
Beans	Beans	Fruit pot	Side salad
Frozen yoghurt	Frozen yoghurt	Bottled water	Plain milk

Special dietary requirements and allergen advice available on request please speak to the Catering Supervisor.

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Week 2 27/8/18, 17/9/18, 8/10/18, 5/11/18, 26/11/18, 17/12/18, 21/1/19, 11/2/19, 4/3/19, 25/3/19, 29/4/19, 20/5/19, 10/6/19

Please tick one menu choice ONLY for each day.

Monday

Menu 1	Menu 2	Menu 3	Menu 4
Vegetable pasta	Roast turkey in Gravy	Chicken and Rice soup	Baked potato with cheese
Garlic bread	Roast potatoes	Honey Ham salad box with crusty bread	Side salad
Sticky toffee pudding	Seasonal vegetables	Fruit yoghurt	Sticky toffee pudding
Bottled water	Sticky toffee pudding	Plain milk	Plain milk

Tuesday

Menu 1	Menu 2	Menu 3	Menu 4
Homemade Chilli Beef	Chicken pie	Lentil soup	Lentil soup
Pitta bread OR rice	Mashed potatoes	Cheese and coleslaw salad wrap	Baked potato with beans
Fruit salad	Seasonal vegetables	Piece of fruit	Side salad
Plain milk	Fruit yoghurt	Bottled water	Plain milk

Wednesday

Menu 1	Menu 2	Menu 3	Menu 4
Vegetable soup	Macaroni cheese	Baked potato with tuna	Vegetable soup
Fish fingers	Garlic bread	Side salad	Turkey salad baguette
Peas	Peas	Iced sponge with custard	Fruit pot
Mashed potato	Iced sponge with custard	Bottled water	Plain milk

Thursday

Menu 1	Menu 2	Menu 3	Menu 4
Sweet and sour chicken	Beef burger	Tomato soup	Tomato soup
Boiled rice	Potato wedges	Baked potato with coleslaw	Gammon salad sandwich
Fruit yoghurt	Side salad	Side salad	Strawberries with mini meringue
Bottled water	Strawberries with mini meringue	Plain milk	Plain milk

Friday

Menu 1	Menu 2	Menu 3	Menu 4
Hot dog style roll	Fish	Chefs choice soup	Chef choice soup
Chips	Chips	Egg mayonnaise salad box with crusty bread	Tuna salad roll
Beans	Beans	Ice cream	Piece of fruit
Ice cream	Ice cream	Bottled water	Plain milk

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Week 3 3/9/18, 24/9/18, 22/10/18, 12/11/18, 3/12/18, 7/1/19, 28/1/19, 18/2/19, 11/3/19, 15/4/19, 6/5/19, 27/5/19, 17/6/19

Please tick one menu choice ONLY for each day.

Monday

Menu 1	Menu 2	Menu 3	Menu 4
Mince pie	Potato soup	Baked potato with egg mayonnaise	Potato soup
Potatoes	Chicken Fajitas	Side salad	Cheese salad sandwich
Seasonal vegetables	Potato wedges	Apple crumble with custard	Piece of fruit
Fruit crumble with custard	Plain milk	Bottled water	Plain milk

Tuesday

Menu 1	Menu 2	Menu 3	Menu 4
Chicken and rice soup	Vegetarian meatballs in a wrap	Chicken and rice soup	Baked potato with tuna
Fish cakes	Side salad	Cheese and gammon salad box with crusty bread	Side salad
Potatoes	Rice pudding with fruit	Fruit pot	Rice pudding with fruit
Peas	Bottled water	Plain milk	Bottled water

Wednesday

Menu 1	Menu 2	Menu 3	Menu 4
Chicken casserole	Lentil soup	Lentil soup	Baked potato with cheese
Potatoes	Assorted Panini	Tuna salad wrap	Side salad
Seasonal vegetables	Side salad	Mixed fruit platter	Fruit pot
Mixed Fruit platter	Fruit yoghurt	Plain milk	Bottled water

Thursday

Menu 1	Menu 2	Menu 3	Menu 4
Lasagne	Stir fry vegetables	Vegetable soup	Baked potato with beans
Garlic bread	Boiled rice	Turkey salad box with crusty bread	Side salad
Side salad	Chocolate sponge with custard	Piece of fruit	Chocolate sponge with custard
Chocolate sponge with custard	Bottled water	Plain milk	Bottled water

Friday

Menu 1	Menu 2	Menu 3	Menu 4
Pork Beano	Fish	Baked potato with chicken tikka	Chef choice soup
Chips	Chips	Side salad	Cheese salad roll
Fruit pot	Peas	Jelly and fruit	Jelly and fruit
Plain milk	Jelly and fruit	Plain milk	Bottled water

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